

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2022
Atlanta Long-Term Care Location**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2022: \$115,470.37

NC CMP Funds Expended for Emergency Uses in CY 2022: \$0.00

NC Active CMP Funded Projects in CY 2022: 30

Project Title: Pride in Care NC: A LGBT Cultural Competency Training for Skilled Nursing Facilities for the North Carolina Culture Change Coalition Enhancement Grant

Unique Identifier: NC-0619-CCOG-317 / 2019-04-NC-0603

Project Duration: 11/1/2019 to 4/30/2023

Total Amount of CMP Funds Approved for this Project: \$509,800.24

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$111,381.82

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project aims to develop educational material specifically tailored to provide lesbian, gay, bisexual, and transgender (LGBT) cultural competency training for skilled nursing facility (SNF) staff and skilled nursing facility (SNF) resident advocates in North Carolina (NC) over three years.
- b) The program offers 16 in-person, three-hour Pride in Care training over the project term. 100% of all SNF staff member participants will score 70% or better on pre-tests and 80% or better on post-tests. The project aims to administer 8,400 online SAGE training vouchers over the entire period.
- c) Creating effective policies and procedures for a safe, respectful, and welcoming environment for LGBT SNF residents.
- d) Nursing home staff, caregivers, State Surveyors, and Long-Term Care Ombudsman The project was granted a six-month no-cost extension through 4/30/2023 due to the impacts of the COVID-19 pandemic.

Funded Entity(ies):

Centralina Council of Governments

Results of the Project:

The project is ongoing, and interim project results show the project has conducted 14 in-person, three-hour Pride in Care training. All skilled nursing staff participating in the training scored 70% or better on pretests and 80% or better on post-tests. The program has administered 7,200 online SAGE training vouchers and developed a train-the-trainer model of instruction for Pride in Care North Carolina (NC). Final project results are pending.

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NC Active CMP Funded Projects in CY 2022: 30

Project Title: RL Flex and Focus for Change Project

Unique Identifier: NC-0819-RLSR-387 / 2019-04-NC-0806

Project Duration: 12/1/2019 to 11/30/2022

Total Amount of CMP Funds Approved for this Project: \$47,018.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$0.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project will provide nursing home residents with ongoing life enrichment programming through non-pharmacological interventions and opportunities to engage in meaningful interactions with others by utilizing the adaptive It's Never Too Late (iN2L) computer technology.
- b) The program will increase resident involvement in group activities by 30% by the end of the three-year project. Increase resident participation in individual engagement during one-to-one programming by 30% by the end of the three-year project and improve overall program satisfaction.
- c) By widening the options available to residents through more individualized programs and opportunities to talk and interact with loved ones who may be unable to visit as often as they would like.
- d) N/A

Funded Entity(ies):

River Landing at Sandy Ridge

Results of the Project:

The project achieved all measures and goals. Since implementation, a 30% increase in overall resident engagement includes increased overall group attendance and participation, and a 30% increase in one-to-one programming was achieved. The data from the Life Enrichment surveys remain positive. Residents comment on their satisfaction with the variety of activities offered on the It's Never Too Late (iN2L) tablet and the larger system. Residents enjoy watching the webcams as they check on their favorite animals.

Project Title: Project Engage

Unique Identifier: NC-0819-ERR-397 / 2019-04-NC-0821

Project Duration: 1/1/2020 to 12/31/2022

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NC CMP Funds Expended for Emergency Uses in CY 2022: \$0.00

NC Active CMP Funded Projects in CY 2022: 30

Total Amount of CMP Funds Approved for this Project: \$63,379.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$11,187.10

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project will provide nursing home residents with ongoing life enrichment programming through non-pharmacological interventions and opportunities to engage in meaningful interactions with others by utilizing the adaptive It's Never Too Late (iN2L) computer technology.
- b) Improve resident attendance in group activities. Increase resident engagement in group activities by 10% each year of the three-year project. Increase positive emotion and overall satisfaction by 20% after 36 months.
- c) Create a more exciting, personalized experience, and create a culture of increased excitement surrounding activities.
- d) N/A

Funded Entity(ies):

Emerald Ridge Rehabilitation and Care Center

Results of the Project:

The project achieved all stated measures and goals. Utilizing the It's Never Too Late (iN2L) program allowed residents to stay engaged and connected through thousands of computer-based experiences and life-enrichment activities. The project provided increased ways for staff to individually engage with residents during group activities, as the iN2L content aided in leading the activity. Onsite training helped establish a "train the trainer" program, which recognized staff who led all iN2L Onsite training provided eligible staff with continuing education units (CEUs). Group activity size averaged a steady increase in the group. Engagement also increased by 13% after the iN2L implementation. Residents expressed a 39% increase in positive emotions after 36 months.

Project Title: CAN-NC Elder Arts Initiative

Unique Identifier: NC-0819-CAN-389 / 2019-04-NC-0802

Project Duration: 4/4/2020 to 3/31/2023

Total Amount of CMP Funds Approved for this Project: \$463,250.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$192,580.94

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NC Active CMP Funded Projects in CY 2022: 30

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Provide multidisciplinary arts programming to residents in nursing homes located across North Carolina.
- b) Introduce a participatory, multidisciplinary arts program to approximately 400 residents at 18 participating nursing homes across North Carolina over three years—a 45% increase in resident activity participation (group and individual) over the project period. Increase participant access to the arts by 65% over the project period.
- c) Create an environment conducive to personal self-expression, identity, and enhanced quality of life.
- d) N/A

Funded Entity(ies):

Center for Creative Aging North Carolina

Results of the Project:

The project was delayed due to the impacts of the COVID-19 pandemic. Interim project results show 300 residents at 18 participating nursing homes were introduced to the participatory, multidisciplinary arts program. The program achieved a 41% increase in resident activity participation (group and individual) and a 57% increase in participant access to the arts. Final project results are pending.

Project Title: Pennybyrn Art Project

Unique Identifier: NC-PB-0819-393 / 2019-04-NC-0815

Project Duration: 12/1/2019 to 11/30/2022

Total Amount of CMP Funds Approved for this Project: \$50,571.25

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$5,539.82

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project aims to implement an art program that will allow the facility to enhance activity programming specifically for memory care residents.
- b) Increase activity percentage related to art engagement to 30%; increase the percentage of the project and overall facility satisfaction.

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NC Active CMP Funded Projects in CY 2022: 30

- c) Ability to express oneself nonverbally in a creative and safe platform.
- d) Staff, family members, and volunteers

Funded Entity(ies):

Pennybyrn at Maryfield

Results of the Project:

The program positively impacted residents and helped to educate facility staff, volunteers, and families on the benefits of this form of expression. The art project was offered to residents with the assistance of the Creative Aging Network. Classes were held weekly, along with single workshops in various painting mediums. The goal of increasing overall activity attendance to 45% by providing more structured, engaging, and educational art programming was achieved. Resident satisfaction rates remained high at 90%.

Project Title: E3 (Engage, Enrich, and Enhance)

Unique Identifier: NC-0819-MHI-404 / 2019-04-NC-0829

Project Duration: 12/1/2019 to 11/30/2022

Total Amount of CMP Funds Approved for this Project: \$67,637.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$9,552.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The *E3 (Engage, Enrich, and Enhance)* project utilized It's Never Too Late (iN2L) adaptive computer technology to engage residents in various activities, appealing to individual preferences.
- b) The program aimed to increase resident involvement in group and individual activities by 15% annually to improve residents' quality of life and communication.
- c) iN2L provided residents access to activities and communication applications that allowed them to connect with their families, friends, and the community.
- d) N/A

Funded Entity(ies):

Moravian Homes Inc. dba Salemtowne

Results of the Project:

The project achieved all stated measures and goals.

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NC Active CMP Funded Projects in CY 2022: 30

- It's Never Too Late (iN2L) provided interactive experiences and aided the activity programming.
- The applicant completed the Quality of Life (QOL) surveys to assess overall engagement. Survey participants averaged 21.11% of the licensed capacity for the facility.
- The *E3 Project* established an integrated and enriched activities program for 60 skilled nursing healthcare residents and 40 rehabilitation residents that resulted in a 20% increase in group one-on-one activity participation and a 15 - 20% increase in residents' involvement in group activities.
- The iN2L accessories were a huge hit at Salemtowne, especially during the initial implementation period. Team members and residents frequently used the flight simulator, bicycle riding, and vehicle driving.

Project Title: iN2L (It's Never Too Late) Mobility Project

Unique Identifier: NC-0919-NCDVA-406 / 2019-04-NC-0909

Project Duration: 4/1/2020 to 3/31/2023

Total Amount of CMP Funds Approved for this Project: \$82,407.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$2,875.54

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The *iN2L (It's Never Too Late) Mobility Project* provides personalized life-enriching, re-engaging, and redirecting activities to its residents, improving participants' overall quality of life.
- b) The program aims to increase resident individual and group activity participation by 10% each quarter and achieve a 70% overall resident group or individual participation by the end of the project term. Thirty resident My Story, My Page digital biographies will be developed. The project also aims to achieve an overall improvement in resident satisfaction of 90% by the end of the project. Eligible nursing home staff will receive continuing education units (CEUs) for all iN2L onsite training.
- c) The project benefits residents by widening the individualized programming options available.
- d) N/A

Funded Entity(ies):

North Carolina State Veterans Home - Black Mountain

Results of the Project:

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NC Active CMP Funded Projects in CY 2022: 30

The project is ongoing through 3/31/2023 and has shown the following interim results:

- The project has seen an increase of six percent in participation in group or individual activities each quarter.
- There was an 85% overall improvement in resident satisfaction.
- Thirty My Story, My Page digital biographies have been developed.
- Four eligible staff members were provided continuing education units (CEUs) for attending onsite It's Never Too Late (iN2L) training.

Project Title: Virtual Valley It's Never Too Late (iN2L) Project

Unique Identifier: NC-1119-VVC-466 / 2019-04-NC-1104

Project Duration: 2/1/2020 to 1/31/2023

Total Amount of CMP Funds Approved for this Project: \$50,348.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$11,312.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The *Virtual Valley It's Never Too Late (iN2L) Project* aimed to improve residents' interactions with each other, with the outside world, with functional safety, cognition, and exercise.
- b) The program also proposed to increase participation of resident involvement in group activities by 30%-40% and increase participation of resident involvement in individualized activities by 30% to 40% over 36 months, as well as increase positive emotion and overall satisfaction after 36 months.
- c) The applicant also sought to help residents rebuild their social networks to stay in touch with current events and their loved ones outside the facility through applications associated with the iN2L system.
- d) N/A

Funded Entity(ies):

Valley View Care and Rehabilitation

Results of the Project:

The project achieved all stated measures and goals. The program achieved a 33% participation increase in resident involvement in group activities and a 38% participation in individualized activities over the 36-

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month project term. There was also a 22% increase in positive emotion and overall satisfaction during the project.

Project Title: Disseminating Comfort Matters: A-Web-Based Training Toolkit

Unique Identifier: 2018-04-NC-0216

Project Duration: 1/1/2019 to 6/30/2022

Total Amount of CMP Funds Approved for this Project: \$498,981.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$59,773.45

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The *Disseminating Comfort Matters: A-Web-Based Training Toolkit* project aims to develop a video and web-based version of the Comfort Matters toolkit, evaluate it in four nursing homes and disseminate it to all 425 North Carolina-certified nursing homes.
- b) The program will produce six video modules with content to help nursing home staff discern changes in knowledge and skills for person-centered care planning. After the project term, a website will be developed and completed for participant use. The project will also create a Comfort First implementation manual for nursing home staff to improve documentation of goals of care-related treatment approaches in care plans. The program will demonstrate the effectiveness of the training through post-test assessments.
- c) The project will benefit nursing home residents by staff members providing empathetic, sensitive treatment of dementia residents.
- d) Nursing home staff, caregivers, and volunteers.

The project was granted a no-cost extension from 6/30/2021 through 6/30/2022 due to the impact of the COVID-19 pandemic on project activities.

Funded Entity(ies):

University of North Carolina (UNC) Chapel Hill, Division of Geriatric Medicine

Results of the Project:

The project achieved all established measures and goals.

- The applicant completed the development of the video module content, consisting of six modules with associated evaluation questions to qualify participants for continuing education credits (CEUs).

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- The website has been completed.
- The program revised the implementation manual. It is now broken into seven steps, including a guide to training delivery and a suite of Comfort First practice tools for nursing home staff use. The project finalized the formatting of the Comfort First toolkit, which is accessible for website use and print material.
- Project training was provided to 117 participants.
- The six modules and evaluations have been posted to the North Carolina AHEC (Area Health Education Centers) website, and all three sessions provide continuing education credit.

Project Title: Java Project

Unique Identifier: NC-0720-OGHC-644 / 2020-04-NC-0724EE

Project Duration: 1/1/2021 to 12/31/2022

Total Amount of CMP Funds Approved for this Project: \$9,800.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$0.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Over two years, the *Java Project* will implement three evidence-based peer support and mentoring programs (Java Music, Java Memory Care, and Java Mentorship) at Oak Grove Healthcare Center.
- b) The project will bring peer-centered mentoring and inclusiveness activities to the participating facility to reduce social isolation and loneliness by 40% over the two-year project period.
- c) The peer support and mentoring model will help reduce loneliness and social isolation while providing residents with a renewed purpose and increased engagement.
- d) Recreation staff, volunteers, and family members.

Funded Entity(ies):

Oak Grove Healthcare Center

Results of the Project:

The project achieved all established goals and objectives.

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- The program implemented a structured approach to emotional and social support between residents through the Java Group music, memory, and mentorship programs. These programs reduced feelings of loneliness and isolation in the facility by engaging residents and providing emotional support for each other.
- The music program proved to be one of the most successful activities at Oak Grove. Residents reported they loved the music, the themes, and sharing of stories. They often offered support to one another and, at times, offered to pray for and with each other. This program allowed residents to express themselves and feel more comfortable attending other activities. It takes a few weeks for the "regulars" to get back into the swing of things due to the impacts of the COVID-19 pandemic; however, Java Music was always the first group to have a packed house of residents attending.
- Java Music Club averaged a 33% decrease in social isolation, a 43% decrease in feelings of loneliness, and a 25% increase in happiness.
- Java Memory Care averaged a 55% decrease in social isolation, a 40% decrease in feelings of loneliness, and a 15% increase in happiness.
- Java Mentorship averaged a 55% decrease in social isolation, a 50% decrease in feelings of loneliness, and a 45% increase in happiness.

Project Title: Java Project

Unique Identifier: NC-0720-CCCC-641 / 2020-04-NC-0724BB

Project Duration: 1/1/2021 to 12/31/2022

Total Amount of CMP Funds Approved for this Project: \$9,800.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$0.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Over two years, the *Java Project* will implement three evidence-based peer support and mentoring programs (Java Music, Java Memory Care, and Java Mentorship) in Clay County Care Center.
- b) The project will bring peer-centered mentoring and inclusiveness activities to the participating facility to reduce social isolation and loneliness by 40% over the two-year project period.
- c) The peer support and mentoring model will help reduce loneliness and social isolation while providing residents with a renewed purpose and increased engagement.

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NC Active CMP Funded Projects in CY 2022: 30

d) Recreation staff, volunteers, and family members.

Funded Entity(ies):

Clay County Care Center

Results of the Project:

The project achieved all established goals and objectives.

- The programs reduced feelings of loneliness and isolation in the facility by engaging residents and providing emotional support for each other. Although some Clay County residents cannot recall recent events, most enjoy sharing memories of their younger days.
- Java Music Club averaged a 30% decrease in social isolation, a 50% decrease in feelings of loneliness, and a 30% increase in happiness.
- Java Memory Care averaged a 30% decrease in social isolation, a 15% decrease in feelings of loneliness, and a 15% increase in happiness.
- Java Mentorship averaged a 60% decrease in social isolation, a 30% decrease in feelings of loneliness, and a 60% increase in happiness.

Project Title: Java Project

Unique Identifier: NC-0720-CHRC-642 / 2020-04-NC-0724CC

Project Duration: 4/1/2021 to 3/31/2023

Total Amount of CMP Funds Approved for this Project: \$9,800.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$0.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Over two years, the *Java Project* will implement three evidence-based peer support and mentoring programs (Java Music, Java Memory Care, and Java Mentorship) at Cary Health and Rehabilitation Center.
- b) The project will bring peer-centered mentoring and inclusiveness activities to the participating facility to reduce social isolation and loneliness by 40% over the two-year project period.
- c) The peer support and mentoring model will help reduce loneliness and social isolation while providing residents with a renewed purpose and increased engagement.

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NC Active CMP Funded Projects in CY 2022: 30

- d) Recreation staff, volunteers, and family members.

Funded Entity(ies):

Cary Health and Rehabilitation Center

Results of the Project:

The project is ongoing through 3/31/2023. The facility has implemented a structured approach to emotional and social support between residents through the Java Group music, memory, and mentorship programs. These programs are reducing feelings of loneliness and social isolation in the facility by 37% thus far.

Project Title: Java Project

Unique Identifier: NC-0720-ERRCC-643 / 2020-04-NC-0724DD

Project Duration: 1/1/2021 to 12/31/2022

Total Amount of CMP Funds Approved for this Project: \$9,800.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$0.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Over two years, the *Java Project* will implement three evidence-based peer support and mentoring programs (Java Music, Java Memory Care, and Java Mentorship) in Emerald Ridge Rehabilitation and Care Center.
- b) The project will bring peer-centered mentoring and inclusiveness activities to the participating facility to reduce social isolation and loneliness by 40% over the two-year project period.
- c) The peer support and mentoring model will help reduce loneliness and social isolation while providing residents with a renewed purpose and increased engagement.
- d) Recreation staff, volunteers, and family members.

Funded Entity(ies):

Emerald Ridge Rehabilitation and Care Center

Results of the Project:

The project achieved all established goals and objectives.

- The programs reduced feelings of loneliness and isolation in the facility by engaging residents and providing emotional support for each other.

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- Java Music Club averaged a 33% decrease in social isolation, a 30% decrease in feelings of loneliness, and a 37% increase in happiness.
- Java Memory Care averaged a 30% decrease in social isolation, a 30% decrease in feelings of loneliness, and a 37% increase in happiness.
- Java Mentorship averaged a 50% decrease in social isolation, a 50% decrease in feelings of loneliness, and a 50% increase in happiness.

Project Title: Java Project

Unique Identifier: NC-0720-HWNR-640 / 2020-04-NC-0724AA

Project Duration: 1/1/2021 to 12/31/2022

Total Amount of CMP Funds Approved for this Project: \$9,800.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$0.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Over two years, the *Java Project* will implement three evidence-based peer support and mentoring programs (Java Music, Java Memory Care, and Java Mentorship) at Hunter Woods Nursing and Rehabilitation Center over two years.
- b) The project will bring peer-centered mentoring and inclusiveness activities to the participating facility to reduce social isolation and loneliness by 40% over the two-year project period.
- c) The peer support and mentoring model will help reduce loneliness and social isolation while providing residents with a renewed purpose and increased engagement.
- d) Recreation staff, volunteers, and family members.

Funded Entity(ies):

Hunter Woods Nursing and Rehabilitation Center

Results of the Project:

The project achieved all established goals and objectives.

- The program implemented a structured approach to emotional and social support between residents through the Java Group music, memory, and mentorship programs. These programs reduced feelings of loneliness and isolation in the facility by engaging residents and providing

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emotional support for each other. The project allowed Hunter Woods the benefits of mentorship, allowing the residents to unite to make others feel welcome, even during the COVID-19 pandemic.

- Java Music Club averaged a 10% decrease in social isolation, a 20% decrease in feelings of loneliness, and a 20% increase in happiness.
- Java Memory Care averaged a 27% decrease in social isolation, a 30% decrease in feelings of loneliness, and a 37% increase in happiness.
- Java Mentorship averaged a 20% decrease in social isolation, a 20% decrease in feelings of loneliness, and a 10% increase in happiness.

Project Title: To Know Me - A Method to Enhance Person-Centered Care

Unique Identifier: NC-1219-2NOMI-492 / 2019-04-NC-1207

Project Duration: 5/1/2020 to 4/30/2023

Total Amount of CMP Funds Approved for this Project: \$1,455,556.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$380,326.18

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The "To Know Me" project will provide residents and their families with a platform to create life storybooks. The storybooks will help staff better relate to and understand the residents, improving person-centered care techniques.
- b) The project aims to increase resident and family satisfaction by 30% over three years by providing 60 North Carolina certified nursing homes with life storybooks for 6,000 nursing home residents and their families. The project will also enhance staff competence in person-centered care practices by 30% by understanding the residents' life stories.
- c) Life storybooks will help nursing homes develop comprehensive care plans and assessments based on a resident's history and experiences.
- d) Nursing home staff and family members

Funded Entity(ies):

2Nomi

Results of the Project:

The project is ongoing through 4/30/2023; interim results reflect the following achievement:

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- Sixty North Carolina certified nursing homes have been provided with life storybooks for 5,275 residents and their families.
- The project has shown a 30% increase in staff competence in person-centered care (PCC) practices.
- There has been a 22% increase reported in resident and family satisfaction.

Project Title: Technology for Smoky Project

Unique Identifier: NC-1119-SRHR-478 / 2019-04-NC-1115

Project Duration: 9/1/2020 to 8/31/2023

Total Amount of CMP Funds Approved for this Project: \$69,064.65

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$6,088.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The *Technology for Smoky Project* proposes to create a person-centered environment by using the It's Never Too Late (iN2L) technology and creating a cybercafe.
- b) The project aims to achieve a 5% increase in resident activity participation per quarter for a 60% total increase over three years.
- c) Achieve a 5% increase in *Technology for Smoky Project* satisfaction per quarter for a 60% total increase over three years.
- d) Nursing home staff and family members of residents

Funded Entity(ies):

Smoky Ridge Health and Rehabilitation

Results of the Project:

The project is ongoing through 8/31/2023; interim results reflect a 41% increase in resident activity participation.

State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2022
Atlanta Long-Term Care Location

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2022: \$115,470.37

NC CMP Funds Expended for Emergency Uses in CY 2022: \$0.00

NC Active CMP Funded Projects in CY 2022: 30

Project Title: Improving Resident Care, Quality of Life, and Staff Retention Through the Implementation of Service: An Organization-Wide Culture Change Model Project

Unique Identifier: NC-0120-GG-520 / 2020-04-NC-0102

Project Duration: 5/1/2020 to 2/28/2023

Total Amount of CMP Funds Approved for this Project: \$1,059,332.75

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$352,303.93

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The Gilster Group will implement the *Improving Resident Care, Quality of Life, and Staff Retention Through the Implementation of Service: An Organization-Wide Culture Change Model Project* in 15 nursing homes to create culture change focused on management programs, processes, and systems through the implementation of the SERVICE (service, education, respect, vision, inclusion, communication, and enrichment) model over three years.
- b) The project aims to increase residents' quality of care and life by achieving a 10% decrease in the citations of F-tags: F656, F675, F684, and F67918, increase resident and family quality of care and life satisfaction survey ratings by 20%, increase staff satisfaction by 20%, and a 20% decrease in staff turnover.
- c) The inclusion and participation of all residents, families, and staff promoted by this project will generate a sense of ownership and loyalty, enhancing organizational performance, success, and a better quality of life for those who live and work in long-term care. The resulting increase in stakeholder satisfaction and decreased staff turnover will allow better knowledge of resident needs, consistent person-centered resident care, and enhanced relationships among staff, residents, and families.
- d) Family members and nursing home staff.

Funded Entity(ies):

The Gilster Group

Results of the Project:

The project concluded on 2/28/2023, with final project results pending. Interim results reflect the following:

- A 10% increase in the residents' quality of care and life.
- A 17% increase in resident and family quality of care and life satisfaction survey ratings.
- A 10% increase in staff satisfaction.

State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2022
Atlanta Long-Term Care Location

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2022: \$115,470.37

NC CMP Funds Expended for Emergency Uses in CY 2022: \$0.00

NC Active CMP Funded Projects in CY 2022: 30

- A 10% decrease in staff turnover.

Project Title: Simulation-Based Training for Skilled Nursing Facilities Project

Unique Identifier: NC-1219-CCHA-514 / 2019-04-NC-1220

Project Duration: 8/1/2020 to 9/14/2022

Total Amount of CMP Funds Approved for this Project: \$461,207.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$138,220.39

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project proposed to utilize high-fidelity simulators (manikins) to educate and train direct care staff in certified North Carolina nursing homes over three years.
- b) The program aims to train 8,640 staff members on the Mobile Sim program at 30 skilled nursing facilities.
- c) Simulation training helps improve healthcare providers' competencies and, in return, improves patient safety.
- d) Nursing home staff.

Funded Entity(ies):

Coastal Carolinas Health Alliance

Results of the Project:

The project did not achieve its established goals and objectives. The project was initially planned to be implemented over three years. However, the project terminated early due to the official announcement of the dissolution of the Coastal Carolinas Health Alliance (CCHA). The CCHA continued to support the project through 9/14/2022. Over the two-year project period, 1,983 skilled nursing facility (SNF) staff were trained, and 228 continuing education units (CEUs) were earned.

Project Title: Tsali Cares

Unique Identifier: NC-0321-CIHA-764 / 2021-04-NC-0331

Project Duration: 9/1/2021 to 8/31/2024

Total Amount of CMP Funds Approved for this Project: \$71,035.00

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2022
Atlanta Long-Term Care Location**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2022: \$115,470.37

NC CMP Funds Expended for Emergency Uses in CY 2022: \$0.00

NC Active CMP Funded Projects in CY 2022: 30

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$13,847.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project aims to combat the isolation of the Native American population served at Tsali Care Center through the It's Never Too Late (iN2L) computer technology system.
- b) The project will create My Page individual content pages for at least 50 residents. The program hopes to increase participation of residents' involvement in group activities by 50% from 15% over the project term, increase the participation of residents' involvement in individualized activities by eight percent for bedbound residents and 50% for mobile residents from 15% and 45%, respectively, over the entire project period. The applicant also aims to decrease negative feelings of isolation by 20% from an average baseline score of 3.3 and increase feelings of quality of life from an average baseline score of 2.9 over the project period.
- c) The project will increase residents' social networks by giving them access to companionship and enhancing their relationships with caregivers.
- d) Nursing home staff and family members

Funded Entity(ies):

Cherokee Indian Hospital Authority

Results of the Project:

The project is ongoing through 8/31/2024. Interim results reflect the following achievements:

- The program created 50 My Page individual content pages.
- A 33% increase in participation of residents' involvement in group activities.
- An eight percent (8%) increase in the participation of bedbound residents' involvement in individualized activities.
- A 13% mobile increase in residents' participation in individualized activities.
- A seven percent (7%) decrease in negative feelings of isolation.6. A 0.45% increase in feelings of quality of life.

Project Title: Live Music Virtually or In-person

Unique Identifier: NC-0321-TMCC-759 / 2021-04-NC-0312

Project Duration: 10/1/2021 to 9/30/2024

State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2022
Atlanta Long-Term Care Location

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2022: \$115,470.37

NC CMP Funds Expended for Emergency Uses in CY 2022: \$0.00

NC Active CMP Funded Projects in CY 2022: 30

Total Amount of CMP Funds Approved for this Project: \$440,080.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$74,139.70

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The *Live Music Virtually or In-person* project will provide therapeutic music services to residents in 12 skilled nursing facilities in Pender, Brunswick, and New Hanover, North Carolina, tri-counties.
- b) The program aims to reduce falls, medications, and behaviors and stabilize weight in at least half of the residents participating in the program over a three-year project period. At least 75% of the observations related to changes in condition to a resident's breathing rhythm, effort, and depth of respiration following the music session will demonstrate a shift by at least one lower number to a higher number over the entire project period. Decrease by at least one number in the six survey categories of reduction in anxiety, pain mood, breathing, loneliness, and sleep issues on at least 75% of the therapeutic session resident surveys over the three-year project period.
- c) Bedside live music can support a steady heart rhythm, distract the mind from anxious thoughts, counteract throbbing pain, promote deeper breathing, provide access to good thoughts associated with familiar songs, and support the dying process.
- d) N/A

Funded Entity(ies):

Therapeutic Musicians of Coastal Carolina

Results of the Project:

The project is ongoing through 9/30/2024. Interim results show:

- One-fourth of residents participating in the program has displayed a reduction in falls, medications, behaviors, and weight stabilization.
- Fifty-nine percent (59%) of the observations related to changes in condition to a resident's breathing rhythm, effort, and depth of respiration following the music session demonstrate a shift by at least one lower number to a higher number.
- Therapeutic session resident surveys show a 62% decrease by at least one number in each of the six survey categories of reduction in anxiety, pain, mood, breathing, loneliness, and sleep issues.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2022
Atlanta Long-Term Care Location**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2022: \$115,470.37

NC CMP Funds Expended for Emergency Uses in CY 2022: \$0.00

NC Active CMP Funded Projects in CY 2022: 30

Project Title: Project Vision

Unique Identifier: NC-0221-BCNR-749 / 2021-04-NC-0212

Project Duration: 10/1/2021 to 9/30/2022

Total Amount of CMP Funds Approved for this Project: \$2,160.70

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$2,161.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project proposed to enhance an existing outdoor activity space to encourage engaging interactions among residents, family members, and staff.
- b) The program aims to increase resident outdoor activity attendance by 75% over the one-year project term and increase resident and family satisfaction with using the newly created outdoor space by 60% over the one-year project period.
- c) Providing an inviting place for outdoor activities will create a more comfortable/less institutionalized environment that would encourage resident engagement.
- d) Nursing home staff and family members.

Funded Entity(ies):

Bermuda Commons Nursing and Rehabilitation Center

Results of the Project:

The project achieved all established goals and objectives. The Bermuda Commons Nursing and Rehabilitation Center provided an outdoor space for residents to improve outdoor activities and achieved a 93% resident outdoor activity participation rate. Resident and staff satisfaction scores at the end of the project term were 85%. Staff continues monthly training, and the resident council advises on any updates or changes to the existing project.

Project Title: Promoting Resident Well-being in North Carolina Nursing Home Resident Councils

Unique Identifier: NC-1220-NCSU-696 / 2020-04-NC-1201

Project Duration: 5/1/2021 to 4/30/2024

Total Amount of CMP Funds Approved for this Project: \$350,432.00

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2022
Atlanta Long-Term Care Location**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2022: \$115,470.37

NC CMP Funds Expended for Emergency Uses in CY 2022: \$0.00

NC Active CMP Funded Projects in CY 2022: 30

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$105,188.83

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project aims to develop, pilot, and evaluate a training curriculum that will be provided to over 400 North Carolina nursing home resident councils. The training comprises a series of video modules and associated print material.
- b) Over 36 months, the applicant will develop a collection of six video modules and supplementary documents.
- c) The project directly benefits nursing home residents by contributing to skill sets that increase their ability to take control over aspects of their lives. In supporting resident council functioning, the project contributes to improving residents' levels of interaction and activity.
- d) Resident councils and nursing home staff

Funded Entity(ies):

North Carolina State University

Results of the Project:

The project is ongoing through 4/30/2024. Thus far, the applicant has developed three of six video modules and supplementary documents.

Project Title: LifeBridge Behavioral Program

Unique Identifier: NC-1021-TBA-863 / 2021-04-NC-0309

Project Duration: 3/1/2022 to 2/28/2025

Total Amount of CMP Funds Approved for this Project: \$396,000.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$18,450.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project aims to develop and implement a facility-specific individualized resident program that will provide training and support for staff with a concentration on behavioral problem-solving, prevention, and response.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2022
Atlanta Long-Term Care Location**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2022: \$115,470.37

NC CMP Funds Expended for Emergency Uses in CY 2022: \$0.00

NC Active CMP Funded Projects in CY 2022: 30

Over three years in approximately 36 North Carolina nursing homes, a five percent (5%) reduction in the aggregate score for minimum data set (MDS) item N0410A and a 20% reduction in the aggregate score for MDS E0200A, E0200B, and E0200C

The program hopes to increase resident safety by decreasing demonstrated challenging behaviors.

Nursing home staff

Funded Entity(ies):

Tobin and Associates, Inc

Results of the Project:

The project is ongoing through 2/28/2025. Thus far, interim results show a 1.83% reduction in the aggregate score for MDS item N0410A and an 11% reduction in the aggregate score for MDS E0200A, E0200B, and E0200C.

Project Title: Java Project

Unique Identifier: NC-0720-THSK-639 / 2020-04-NC-0724

Project Duration: 1/1/2021 to 12/31/2022

Total Amount of CMP Funds Approved for this Project: \$9,800.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$0.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Over two years, the *Java Project* will implement three evidence-based peer support and mentoring programs (Java Music, Java Memory Care, and Java Mentorship) in Transitional Health Services of Kannapolis.
- b) The project will bring peer-centered mentoring and inclusiveness activities to the participating facility to reduce social isolation and loneliness by 40% over the two-year project period.
- c) The peer support and mentoring model will help reduce loneliness and social isolation while providing residents with a renewed purpose and increased engagement.
- d) Recreation staff, volunteers, and family members.

Funded Entity(ies):

Transitional Health Services of Kannapolis

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2022
Atlanta Long-Term Care Location**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2022: \$115,470.37

NC CMP Funds Expended for Emergency Uses in CY 2022: \$0.00

NC Active CMP Funded Projects in CY 2022: 30

Results of the Project:

- The program implemented a structured approach to emotional and social support between residents through the Java Group music, memory, and mentorship programs. These programs reduced feelings of loneliness and isolation in the facility by engaging residents and providing emotional support for each other. The project allowed Transitional Health Services of Kannapolis the benefits of mentorship, allowing the residents to unite to make others feel welcome, even during the COVID-19 pandemic.
- Java Music Club averaged a 20% decrease in social isolation and a 30% increase in happiness.
- Java Memory Care averaged a 10% decrease in social isolation, a 20% decrease in feelings of loneliness, and a 30% increase in happiness.
- Java Mentorship averaged a 20% decrease in social isolation, a 17% decrease in feelings of loneliness, and a 17% increase in happiness.

Project Title: Restore and Engage for an Active Life (R.E.A.L.)

Unique Identifier: NC-0620-PB-626 / 2020-04-NC-0615

Project Duration: 8/1/2021 to 7/31/2024

Total Amount of CMP Funds Approved for this Project: \$134,957.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$0.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The applicant, Pennybyrn at Maryfield, will utilize It's Never Too Late (iN2L) technology for residents to connect physically, virtually, and socially.
- b) The project will create My Page individual content pages/buttons for at least one-third of residents identified to participate in the project over a three-year term. The project aims to achieve a 20% increase in resident overall satisfaction over 36 months.
- c) Nursing home residents will benefit from the project by enhancing resident-family interactions and supporting therapeutic sessions by encouraging movement and activity beyond traditional sessions.
- d) family members

Funded Entity(ies):

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2022
Atlanta Long-Term Care Location**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2022: \$115,470.37

NC CMP Funds Expended for Emergency Uses in CY 2022: \$0.00

NC Active CMP Funded Projects in CY 2022: 30

Pennybyrn at Maryfield

Results of the Project:

The project is ongoing through 7/31/2024. Interim results:

- The project created My Page individual content pages/buttons for 80% of residents identified to participate in the project.
- A 12% increase in resident overall satisfaction.

Project Title: Befriending Project

Unique Identifier: NC-1120-JSI-695 / 2020-04-NC-1130

Project Duration: 5/1/2021 to 4/30/2024

Total Amount of CMP Funds Approved for this Project: \$332,923.02

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$91,666.70

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The project aims to develop, implement, and package a program for volunteers, "Befrienders," committed to regularly visiting nursing home residents.
- b) The program will make at least 30 suitable matches between Befriender volunteers and residents at each participating facility over the three-year project period. A 35% increase in resident group and individual activity participation from interaction with Befriender volunteers over the three-year project term is expected. Also anticipated is a 50 % increase in the resident psychological well-being from interaction with Befriender volunteers over a three-year project period.
- c) The nursing home resident will benefit from the project by reductions in loneliness and increasing meaningful social interaction among volunteers and nursing home residents.
- d) Nursing home staff, Befriender volunteers, and family members

Funded Entity(ies):

Joyful Seniors, Inc

Results of the Project:

The project is ongoing through 4/30/2024. Interim results:

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2022
Atlanta Long-Term Care Location**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2022: \$115,470.37

NC CMP Funds Expended for Emergency Uses in CY 2022: \$0.00

NC Active CMP Funded Projects in CY 2022: 30

- An average of 12 suitable matches between Befriender volunteers and residents at each participating facility.
- A 21% increase in resident group and individual activity participation from interaction with Befriender volunteers.
- A 29% increase in the psychological well-being of residents from interaction with Befriender volunteers.

Project Title: Improving the Quality of Care While Reducing the Spread of COVID-19 to Residents and Staff of Skilled Nursing Facilities Through the Effective Use of Telemedicine

Unique Identifier: NC-0720-TRECS-636 / 2020-04-NC-0716

Project Duration: 4/1/2021 to 8/1/2023

Total Amount of CMP Funds Approved for this Project: \$196,159.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$55,532.46

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) The Trece Institute's project will provide a telemedicine cart in 10 skilled nursing facilities (SNFs) in North Carolina to provide physicians allow physicians to conduct a virtual bedside visit.
- b) The project aims to achieve a 60% increase in the quality of care for residents, decrease unnecessary hospital admissions of SNF residents by 40%, and show a 40% increased financial impact for the participating SNFs over the 27-month project term.
- c) The nursing home resident will benefit from the reduced number of residents requiring admission to the hospital.
- d) Nursing home staff

Funded Entity(ies):

The TRECS Institute

Results of the Project:

The project is ongoing through 8/1/2023. Interim results show a 52% increase in the quality of care for residents and a 31% decrease in unnecessary hospital admissions of skilled nursing facility (SNF) residents.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2022
Atlanta Long-Term Care Location**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2022: \$115,470.37

NC CMP Funds Expended for Emergency Uses in CY 2022: \$0.00

NC Active CMP Funded Projects in CY 2022: 30

Project Title: North Carolina Long-Term Care Emergency Preparedness Project

Unique Identifier: NC-0220-ULRF-547 / 2020-04-NC-0204

Project Duration: 5/1/2021 to 4/30/2024

Total Amount of CMP Funds Approved for this Project: \$2,072,301.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$799,966.11

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project aims to develop and deliver a comprehensive catastrophic disaster planning and structural mitigation training program based on an array of hazards to approximately 1,800 direct care staff and managers in long-term care facilities across North Carolina.

Funded Entity(ies):

University of Louisville

Results of the Project:

The project is ongoing through 4/30/2024. Interim project results:

- The University of Louisville has developed a comprehensive catastrophic disaster planning and structural mitigation training program.
- The project has trained approximately 522 nursing home direct care staff and managers on various hazards.

Project Title: Caregivers NC

Unique Identifier: NC-1019-FCNC-453 / 2019-04-NC-1019

Project Duration: 3/1/2021 to 3/31/2024

Total Amount of CMP Funds Approved for this Project: \$2,484,130.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$865,733.07

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The *Caregivers NC* project aims to implement a multipronged marketing effort to recruit prospective nurse aides to work in skilled nursing facilities. With the expected addition of 4,000 new nurse aides into the North Carolina (NC) long-term care workforce, the project will help remedy a state-wide staffing shortage

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2022
Atlanta Long-Term Care Location**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2022: \$115,470.37

NC CMP Funds Expended for Emergency Uses in CY 2022: \$0.00

NC Active CMP Funded Projects in CY 2022: 30

impacting skilled nursing facilities, directly improving the quality of care delivered to nursing home residents.

Funded Entity(ies):

FutureCare of North Carolina, Inc.

Results of the Project:

The project is ongoing through 3/31/2024. Interim project results show over 2,800 nurse aides have been recruited to work in North Carolina skilled nursing facilities.

Project Title: Cultural Change Transformation to Neighborhood and Household Model Project

Unique Identifier: NC-1119-GEHC-471 / 2019-04-NC-1108

Project Duration: 4/1/2022 to 3/31/2024

Total Amount of CMP Funds Approved for this Project: \$122,138.00

Total Amount of CMP Funds Expended During CY 2022 for this Project: \$26,784.54

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The Cultural Change Transformation to Neighborhood and Household Model Project aims to:

- a) Implement the neighborhood and household models to improve residents' overall quality of care.
- b) Increase resident satisfaction by 70% over a two-year project period. Increase staff retention by 35% and reduce the use of antianxiety and antidepressant drugs by 30% over a two-year project period.
- c) Increase the normalcy of the home to improve privacy and strengthen relationships among fellow residents, caregivers, and the greater community.
- d) N/A

Funded Entity(ies):

Givens Health Center

Results of the Project:

The project is ongoing through 3/31/2024. Interim project results show:

State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2022
Atlanta Long-Term Care Location

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2022: \$115,470.37

NC CMP Funds Expended for Emergency Uses in CY 2022: \$0.00

NC Active CMP Funded Projects in CY 2022: 30

- A 23% increase in resident satisfaction.
- An eight percent (8%) increase in staff retention.
- A 19% reduction in the use of antianxiety and antidepressant drugs.