

North Carolina CMPRP Projects

Quality of Life Activity Projects

updated 01/2026

***Facilities that provide Letters of Commitment to participate in CMP-funded projects are expected to commit to the terms of the agreement once the project has been approved by CMS and the applicant has notified the facility of approval.*

			Activity Category					
CCN	Facility	CMP Project	Nature-Based	Therapeutic	Physical	Cognitive	Project Period	Project Applicant/Award Recipient
345000	Autumn Care of Biscoe	Improving Person Centered Care Through Reminiscence Social Engagement				Memory Interventions	June 1, 2025 - May 31, 2026	LifeBio
345002	Cypress Pointe Retirement Center	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345010	Bear Mountain Health & rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345010	Bear Mountain Health & rehab	The Java Project: Addressing Loneliness and Social Isolation, Activities to Improve Quality of Life - Music Activities, Memory/Reminiscence, and Mentorship		Socialization			February 1, 2026 - January 31, 2029	Java Group Programs
345045	The Foley Center at ChestnutRidge	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC

345063	Harmony Park @ Wilson	The Java Project: Addressing Loneliness and Social Isolation, Activities to Improve Quality of Life - Music Activities, Memory/Reminiscence, and Mentorship		Socialization			February 1, 2026 - January 31, 2029	Java Group Programs
345066	Davidson Health and Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345078	Givens Estates at Highland Farms	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345080	The Greens at Viewmont	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345083	Hilltop Health & Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345089	Walnut Cove Health & Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345095	Chatham Nursing & Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345104	Zebulon Rehab Center	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345106	Trinity Ridge	Improving Person Centered Care Through Reminiscence Social Engagement				Memory Interventions	June 1, 2025 - May 31, 2026	LifeBio
345113	Willow Creek Nursing & Rehab	Improving Person Centered Care Through Reminiscence Social Engagement				Memory Interventions	June 1, 2025 - May 31, 2026	LifeBio
345115	Salisbury Rehab and Nursing Center	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC

345131	Cedar Hills Center for Nursing & Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345145	The Carrolton of Williamston	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345150	Kenansville Health & Rehab	Improving Person Centered Care Through Reminiscence Social Engagement				Memory Interventions	June 1, 2025 - May 31, 2026	LifeBio
345169	The Greens at Gastonia	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345174	Elevate Health & Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345177	The Greens at Pinehurst	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345180	Wesley Pines Retirement Community	Improving Person Centered Care Through Reminiscence Social Engagement				Memory Interventions	June 1, 2025 - May 31, 2026	LifeBio
345197	Willow Ridge Rehab & Living	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345198	Aston Park Healthcare Center	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345205	Westwood Hills Nursing & Rehab Center	The Java Project: Addressing Loneliness and Social Isolation, Activities to Improve Quality of Life - Music Activities, Memory/Reminiscence, and Mentorship		Socialization			February 1, 2026 - January 31, 2029	Java Group Programs
345208	Sapphire Ridge Health and Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC

345209	Brookridge Retirement Center	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345209	Brookridge Retirement Center	The Java Project: Addressing Loneliness and Social Isolation, Activities to Improve Quality of Life - Music Activities, Memory/Reminiscence, and Mentorship		Socialization			February 1, 2026 - January 31, 2029	Java Group Programs
345215	River Trace Nursing and Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345219	Magnolia Lane Nursing and Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345221	The Greens at Weaverville	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345228	Ridgewood Living Center	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345232	The Greens at Hickory	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345235	Twin Lakes Community	Improving Person Centered Care Through Reminiscence Social Engagement				Memory Interventions	June 1, 2025 - May 31, 2026	LifeBio
345240	Warren Hills Nursing Center	The Java Project: Addressing Loneliness and Social Isolation, Activities to Improve Quality of Life - Music Activities, Memory/Reminiscence, and Mentorship		Socialization			February 1, 2026 - January 31, 2029	Java Group Programs

345241	Eden Rehab and Healthcare Center	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345247	Valley Nursing and Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345261	Lotus Village	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345270	The Greens at Spruce Pine	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345279	The Carrolton of Nash	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345279	The Carrolton of Nash	The Java Project: Addressing Loneliness and Social Isolation, Activities to Improve Quality of Life - Music Activities, Memory/Reminiscence, and Mentorship		Socialization			February 1, 2026 - January 31, 2029	Java Group Programs
345285	Orchard Valley Health & Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345302	Vero Healthcare and Rehab of Sylva	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345312	The Greens at Hendersonville	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345340	The Greens at Maple Leaf	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345341	Silver Bluff, Inc	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC

345342	Big Elm Retirement Center	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345349	Woodbury Wellness & Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345362	The Greens at Cabarrus	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345393	Pisgah Manor Healthcare Center	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345401	Wilkesboro Health and Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345405	Charlotte Health & Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345418	Swannanoa Valley Health and Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345434	Carver Living Center	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345438	The Laurels of Summit Ridge	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345458	Treyburn Rehabilitation Center	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345459	Willowbrooke Court Skilled Care Center @ Tryon Estates	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345460	Guilford Health Care Center	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC

345460	Guilford Health Care Center	The Java Project: Addressing Loneliness and Social Isolation, Activities to Improve Quality of Life - Music Activities, Memory/Reminiscence, and Mentorship		Socialization			February 1, 2026 - January 31, 2029	Java Group Programs
345479	Salemtowne	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345500	Windsor Pointe	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345505	Carolina Rehab Center of Cumberland	The Java Project: Addressing Loneliness and Social Isolation, Activities to Improve Quality of Life - Music Activities, Memory/Reminiscence, and Mentorship		Socialization			February 1, 2026 - January 31, 2029	Java Group Programs
345509	Dahlia Gardens Center for Nursing and Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345509	Dahlia Gardens Center for Nursing and Rehab	The Java Project: Addressing Loneliness and Social Isolation, Activities to Improve Quality of Life - Music Activities, Memory/Reminiscence, and Mentorship		Socialization			February 1, 2026 - January 31, 2029	Java Group Programs
345518	Inn at Quail Haven Village	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345520	Magnolia Gardens Center for Nursing & Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC

345525	The Gardens of Taylor Glen	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345525	The Gardens of Taylor Glen	The Java Project: Addressing Loneliness and Social Isolation, Activities to Improve Quality of Life - Music Activities, Memory/Reminiscence, and Mentorship		Socialization			February 1, 2026 - January 31, 2029	Java Group Programs
345529	Perry Creek Health and Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345533	The Cedars of Chapel Hill	Improving Person Centered Care Through Reminiscence Social Engagement				Memory Interventions	June 1, 2025 - May 31, 2026	LifeBio
345538	Pruitthealth-Raleigh	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345544	Aldersgate (Asbury Health & Rehab)	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345558	North Carolina State Veterans Home - Black Mountain	Improving Person Centered Care Through Reminiscence Social Engagement				Memory Interventions	June 1, 2025 - May 31, 2026	LifeBio
345562	Clear Creek Nursing and Rehab	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345563	The Pavilion Health Center @ Brightmoor	The Java Project: Addressing Loneliness and Social Isolation, Activities to Improve Quality of Life - Music Activities, Memory/Reminiscence, and Mentorship		Socialization			February 1, 2026 - January 31, 2029	Java Group Programs

345565	Trinity Elms	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345571	Bradley Creek Healthcare	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345577	Swift Creek Health Center	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC
345578	Briar Creek Healthcare	Golden Years Strength & Mindfulness Training Program			Tai Chi/Yoga		February 1, 2025 - January 31, 2028	Golden LLC