

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2020
Atlanta Long-Term Care Branch**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0.00

NC CMP Funds Expended for Emergency Uses in CY 2020: \$0.00

NC Active CMP Funded Projects in CY 2020: 29

Project Title: Virtual Dementia Tour

Unique Identifier: 2018-NC-021

Project Duration: 3/19/2018 to 3/18/2020

Total Amount of CMP Funds Approved for this Project: \$1,479,261.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$95,503.96

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Second Wind Dreams will provide the patented Virtual Dementia Tour (VDT) to skilled nursing homes throughout North Carolina to provide hands-on training and help staff develop a personal view of what dementia may be like. b) Dementia Aware Competency Evaluation (DACE); Assessment Set Two (pre/post VDT staff survey and observations during the VDT); Assessment Set Three (post VDT experience). c) Empathetic, sensitive treatment of dementia residents by staff members. d) Staff, caregivers, Long-Term Care Ombudsman, state surveyors.

Funded Entity(ies):

Second Wind Dreams, Inc.

Results of the Project:

The success of the Virtual Dementia Tour (VDT) project was a collaborative effort focused on training staff to deliver the best care possible to residents with dementia. Maintaining regular communications enabled Second Wind Dreams (SWD) trainers and staff to provide continual support to nursing home facilitators, helping them to establish their Virtual Dementia Tour (VDT) training within their facilities. Also, through the utilization of quality measures in the VDT facilitator training program, SWD was able to promote accountability, meaning, and best practices in dementia care. Comments received from nursing home staff spoke regularly to individual and facility-wide improvements in perspective, attitude, and actions. Throughout the duration of the project, SWD was able to acquire consistent data that measured outcomes and provided a clear snapshot of the success of the project, as outlined in the report. Based on the data received and positive feedback from nursing home administrators and staff, SWD is confident that this project played a significant role in improving person-centered care in North Carolina nursing homes. Ultimately, this effort will lead to enhanced relationships between caregivers and patients, resulting in those with dementia receiving more consistent, sensitive, and empathetic care.

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NC Active CMP Funded Projects in CY 2020: 29

Project Title: EngAGE Together Project

Unique Identifier: 2018-NC-025

Project Duration: 7/15/2018 to 7/14/2020

Total Amount of CMP Funds Approved for this Project: \$22,003.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$7,220.75

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Weekly interaction of intergenerational programming through a partnership with St. John's Child Development Center to share in activities between residents and children from six weeks to 12 years old.
- b) Increase activity participation of residents by 10% each year; increase resident, family, and staff satisfaction by 10% each year.
- c) Encourage relationship building and collaboration between different generations; improve quality of life for residents.
- d) Community.

Funded Entity(ies):

Lutheran Home at Trinity Oaks, Inc.

Results of the Project:

The EngAGE Together program has increased the quality of life for our residents and the benefits we have seen are vast. These wonderful, interactive sessions with children have sparked memories (especially in residents with dementia) of past times with families, past careers in teaching, provided a sense of purpose, and allowed those residents without children or grandchildren to experience these unique interactions. Residents looked forward to each session which allowed them to have new experiences and create new relationships. A participating facility had one complete neighborhood on quarantine isolation starting in mid-August until the end of September 2020. Life Enrichment returned to the neighborhood beginning on September 28th. From August to September participation was at 53% due to the largest neighborhood not being able to participate in activities during the COVID-19 outbreak. In contrast, Life Enrichment from July to August, increased to 80%. During the COVID-19 outbreak, activity packets, craft kits, sensory items, etcetera were sent to the quarantined neighborhood for staff to provide to residents to complete at their leisure if they desired.

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NC Active CMP Funded Projects in CY 2020: 29

Project Title: Friends Home (FH) Connect Project

Unique Identifier: NC-0119-FHI-204/2019-04-NC-0103

Project Duration: 4/1/2019 to 3/31/2020

Total Amount of CMP Funds Approved for this Project: \$45,167.75

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project seeks to provide the latest technology and online access to residents of Friends Home Inc. The project will allow for purchase of 15 It's Never 2 Late (iN2L) Focus tablets, two iN2L Mobile Flex Units, five 70-inch smart TVs, and 15 sets of headphones. The goal for the project is to enhance each resident's ability to access the myriad of resources available in today's connected world for entertainment, stimulation, and socialization.

Funded Entity(ies):

Friends Home Inc

Results of the Project:

Family members at both campuses are very excited to use the Skype feature and it has been utilized a lot more since visitor restrictions have been put in place. There is still the barrier of the fact a lot of people do not use Skype and have FaceTime; but families have been more open to creating Skype accounts since the onset of the COVID-19 pandemic. The sensory and relaxation applications have been used at both campuses for diversional activities with many of residents. Usage of the Focus tablets have been added as approaches in resident's person-centered care plans if they use the tablet. The iN2L Engage system is being used during Recreation Therapy treatments. Continued trainings are being conducted for staff members and volunteers on both systems at each campus. We have students from Guilford College and University of North Carolina-Greensboro who utilize the equipment along with volunteers with the residents at both campuses. However, this was put on hold in March 2020 due to visitor restrictions related to the COVID-19 pandemic. The board-certified music therapist, Randi Lee, is utilizing the mobile Engage system at both campuses to provide virtual music therapy since she is unable to come into the buildings because of COVID-19 restrictions. Both campuses continue to work on getting profiles set up for interested residents as they are admitted, as well as making accounts inactive as they discharge or expire. Both campuses continue to try to work with families to gain contact information for those interested in utilizing the Skype option on the Focus tablets. This interest has increased toward the end of the grant period due to visitor restrictions related to COVID-19 and more families have started Skyping with their loved ones on the Focus tablets and Engage systems.

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NC Active CMP Funded Projects in CY 2020: 29

Project Title: Pride in Care NC: a LGBT Cultural Competency Training for Skilled Nursing Facilities for the North Carolina Culture Change Coalition Enhancement Grant

Unique Identifier: NC-0619-CCOG-317/2019-04-NC-0603

Project Duration: 11/1/2019 to 10/31/2022

Total Amount of CMP Funds Approved for this Project: \$509,800.24

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$118,369.21

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Develop educational material specifically tailored to provide the lesbian, gay, bi-sexual, and transgender (LGBT) cultural competency training for skilled nursing facility (SNF) staff and SNF resident advocates in North Carolina (NC) over a three-year period. b) Train Centralina Council of Government staff through National SAGE organization. Develop Pride in Care NC curriculum. Increase LGBT cultural competency across North Carolina. Train nursing facility staff, nursing facility resident advocates and state surveyors in LGBT cultural competency. c) Creation of effective policies and procedures for a safe, respectful and welcoming environment for LGBT SNF residents. d) Staff, caregivers, State Surveyors, Long-Term Care Ombudsman

Funded Entity(ies):

Council of Governments Centralina Area Agency on Aging

Results of the Project:

Final project results are pending.

Project Title: Step Up to the Plate Project

Unique Identifier: NC-1118-LSA-181/2018-04-NC-1106

Project Duration: 3/1/2019 to 2/29/2020

Total Amount of CMP Funds Approved for this Project: \$108,131.81

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$3,879.44

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

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- a) Provide new and innovative ways to improve all aspects of the dining experience for residents. b) Increase resident, family, and staff satisfaction by five percent each quarter within each of the seven facilities. Decrease the number of residents using nutritional supplements at all seven facilities by 25% within four quarters. c) Provide more made-to-order or readily accessible food and beverage options throughout the facility. Improved food quality and presentation. d) N/A

Funded Entity(ies):

Lutheran Services for the Aging

Results of the Project:

Dining services in all Lutheran Services Carolinas (LSC) communities have "stepped up" to a new level. A primary focus of the grant was to offer more choices for our residents, and while opportunities remain, much progress has been made on that goal. LSC hired a Dining Services Consultant, Paul Crosby, as a full-time permanent team member to assist in implementing this program. Mr. Crosby and the dining services directors have incorporated the new equipment into the dishes that will be served regularly.

Project Title: Gastronomical Delights Experience

Unique Identifier: NC-1118-RSNR-180/2018-04-NC-1108

Project Duration: 3/1/2019 to 2/29/2020

Total Amount of CMP Funds Approved for this Project: \$53,994.64

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Provide a more individualized meal program through person-centered dining services. b) Increase dining room attendance by 5% each quarter. Increase overall improvement in resident satisfaction and dining service to 90% within four quarters. c) Flexibility in meal times, more offerings for snacks between meals, and more variety in popular foods. d) N/A

Funded Entity(ies):

Rich Square Nursing and Rehabilitation

Results of the Project:

Five percent increase for each quarter met per resident survey. Overall satisfaction with offering person-centered care remained consistent at 84% for staff survey. Families eating with resident went from 44% to

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56% and family satisfaction increased on very satisfied from 43% to 50%. Enhanced dining program has helped residents maintain weight. Continuously working with resident council and activity director on additional food activities with new equipment. The facility continues to train new hires in orientation on enhanced dining program.

Project Title: North Carolina Wound Care Excellence Program for Certified Nursing Facilities

Unique Identifier: NC-0119-VOHRA-217

Project Duration: 6/1/2019 to 6/30/2020

Total Amount of CMP Funds Approved for this Project: \$133,471.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$10,089.26

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Implement an online wound care continuing education program. b) Certify a minimum of 62 nurses every quarter for a total of 250 nurses by the end of the 13-month program. Provide 250 scholarships to train eligible nurses in the wound care certification program. c) Improve the knowledge of wound care delivered by nurses. d) Nursing staff within certified nursing homes in North Carolina.

Funded Entity(ies):

Vohra Wound Physicians of NY, PLLC

Results of the Project:

The program closed out yielding a completion rate of 100%, with a total of 250 wound care certificates and 20 Continuing Nursing Education (CNE) credits across North Carolina. Facilities that had a nurse participate and complete the wound care excellence program, on average had a higher percentage of high risk long-stay residents with pressure ulcers before starting the program. In these facilities the rate was 10.3% versus an average of 10% in all facilities across North Carolina before the start of the program. After completion of the program the number of long stay residents with pressure ulcers dropped by 13% to a rate of 8.9% in these participating facilities. Pressure Ulcer Scale for Healing (PUSH) scores for which data was available demonstrated a decrease in severity of wounds of 30% in facilities where a nurse participated in the program.

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Project Title: The Blooming Oasis

Unique Identifier: NC-0519-SBV-301/2019-04-NC-0423

Project Duration: 9/1/2019 to 7/1/2021

Total Amount of CMP Funds Approved for this Project: \$33,567.50

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$22,388.03

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Enrich residents lives by updating an outside area that can be utilized for multiple purposes. b) Increase resident overall satisfaction to 98%. c) Encourage residents to socialize and gain greater exposure to the outdoors. d) Staff, volunteers, and caregivers.

Funded Entity(ies):

Silver Bluff Village

Results of the Project:

Final project results are pending.

Project Title: RL Flex and Focus for Change Project

Unique Identifier: NC-0819-RLSR-387/2019-04-NC-0806

Project Duration: 12/1/2019 to 11/30/2022

Total Amount of CMP Funds Approved for this Project: \$47,018.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$47,018.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Provide nursing home residents with ongoing life enrichment programming through non-pharmacological interventions and opportunities to engage in meaningful interactions with others by utilizing the adaptive computer technology It's Never 2 Late (iN2L). b) Increase in resident involvement in group activities by 30% by end of 3-year project. Increase in resident involvement in individual engagement during one-to-one programming by 30% by end of 3-year project. Improve overall program satisfaction. c) Widening the options available to residents in the form of more individualized programs and opportunities to talk and interact with loved ones who may not be able to visit as often as they would like. d) N/A

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Funded Entity(ies):

River Landing at Sandy Ridge

Results of the Project:

Final project results are pending.

Project Title: Project Engage

Unique Identifier: NC-0819-ERR-397/2019-04-NC-0821

Project Duration: 1/1/2020 to 12/31/2022

Total Amount of CMP Funds Approved for this Project: \$63,379.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$43,912.56

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Provide nursing home residents with ongoing life enrichment programming through non-pharmacological interventions and opportunities to engage in meaningful interactions with others by utilizing the adaptive computer technology It's Never 2 Late (iN2L). b) Improve resident attendance in group activities. Increase in resident engagement in group activities by 10% each year of the three-year project. Increase in positive emotion and overall satisfaction by 20% after a 36-month period. c) Create a more exciting, personalized experience. Create a culture of increased excitement surrounding activities. d) N/A

Funded Entity(ies):

Emerald Ridge Rehabilitation and Care Center

Results of the Project:

Final project results are pending.

Project Title: CAN-NC Elder Arts Initiative

Unique Identifier: NC-0819-CAN-389/2019-04-NC-0802

Project Duration: 4/4/2020 to 3/31/2023

Total Amount of CMP Funds Approved for this Project: \$463,250.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$39,954.57

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Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Provide multidisciplinary arts programming to residents in nursing homes located across North Carolina.
b) Statistical positive increase in participant learning experience. Statistically positive variance between pre- and post self-assessments for participants. c) Create an environment that is conducive to personal self-expression, identity and enhanced quality of life. d) N/A

Funded Entity(ies):

Center for Creative Aging North Carolina

Results of the Project:

Final project results are pending. The project was delayed due to the impacts of the COVID-19 pandemic.

Project Title: Pennybyrn Art Project

Unique Identifier: NC-PB-0819-393/2019-04-NC-0815

Project Duration: 12/1/2019 to 11/30/2022

Total Amount of CMP Funds Approved for this Project: \$50,571.25

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$2,886.14

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Implement an art program that will allow the facility to enhance activity programming specifically for memory care residents. b) Increase activity percentage as it relates to art engagement to 30%. Increase percentage of project and overall facility satisfaction. c) Ability to express oneself nonverbally in a creative and safe platform. d) Staff, family members, and volunteers

Funded Entity(ies):

Pennybyrn at Maryfield

Results of the Project:

Final project results are pending.

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Project Title: E3 (Engage, Enrich, and Enhance)

Unique Identifier: NC-0819-MHI-404/2019-04-NC-0829

Project Duration: 12/1/2019 to 11/30/2022

Total Amount of CMP Funds Approved for this Project: \$67,637.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$43,843.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Utilize It's Never 2 Late (iN2L) adaptive computer technology to engage residents in a variety of activities, appealing to individual preferences. b) Increase in resident involvement in group activities by 15% each year. Increase in resident involvement in individualized activities by 15% each year. Improve quality for life and communication for residents. c) Access to activities and to communication applications that will connect residents with their families, friends, and the community at large. d) N/A

Funded Entity(ies):

Moravian Homes Inc. dba Salemtowne

Results of the Project:

Final project results are pending.

Project Title: It's Never 2 Late (iN2L) Mobility Project

Unique Identifier: NC-0919-NCDVA-406/2019-04-NC-0909

Project Duration: 4/1/2020 to 3/31/2023

Total Amount of CMP Funds Approved for this Project: \$82,407.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$57,339.10

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Provide personalized life-enriching, re-engaging, and redirecting activities to residents, improving participants overall quality of life. b) Increase participation of those residents who do not regularly attend activities by 10% each quarter. See an overall improvement in resident satisfaction at 90%.

c) Widening the options available to residents in the form of more individualized programs and opportunities to talk or interact with loved ones who may not be able to visit as often as they would like. d) N/A

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Funded Entity(ies):

North Carolina State Veterans Home - Black Mountain

Results of the Project:

Final project results are pending.

Project Title: Pathways Garden

Unique Identifier: NC-0919-BMNM-437/2019-04-NC-0925

Project Duration: 12/1/2019 to 11/30/2021

Total Amount of CMP Funds Approved for this Project: \$21,202.44

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$13,601.84

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

- a) Provide a safe outdoor sensory garden that will be accessible to all residents. b) Increase in scheduled outdoor activities. Increase in outside activity participation. Increase in satisfaction during outdoor activities. c) An outdoor experience that is more stimulating and enjoyable. d) N/A

Funded Entity(ies):

Black Mountain Neuro-Medical Treatment Center

Results of the Project:

Final project results are pending. The project was granted a one-year no-cost extension due to the impacts of the COVID-19 pandemic.

Project Title: Living the Sweet Life

Unique Identifier: 2019-04-NC-0920

Project Duration: 12/1/2019 to 11/30/2020

Total Amount of CMP Funds Approved for this Project: \$14,123.98

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0.00

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Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Host weekly ice cream social events to bolster relationships between residents and staff. b) Percentage increase in satisfaction with resident overall quality of life. Percentage increase of participation in the soft serve ice cream machine activity. c) Promote and strengthen the internal community. Association of positive childhood memories and good times. d) Staff, caregivers, and volunteers

Funded Entity(ies):

Summerstone Health and Rehabilitation Center

Results of the Project:

Weekly social has been held later in day to accommodate both first and second shift employees. Records indicate steady increase of residents attending the ice cream socials.

Project Title: Compassionate Touch®: A Practical Approach to Ease Behavioral Symptoms and Reduce Anti-psychotics

Unique Identifier: NC-0318-ATI-001/2018-04-NC-0316

Project Duration: 3/1/2020 to 2/28/2021

Total Amount of CMP Funds Approved for this Project: \$417,120.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$169,450.76

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Train and integrate 66 additional North Carolina (NC) certified nursing homes, NC State Surveyors, Long-Term Care (LTC) Ombudsman and staff of the North Carolina Quality Improvement Organization (QIO) on Compassionate Touch® (CT) and how to incorporate CT into day-to-day dementia care practices. b) Addresses federal and state initiatives aimed at equipping care-partners with practical tools to help reduce unnecessary use of anti-psychotic medication in dementia care. Eighty-five percent of Compassionate Touch® Coaches will report they have conducted in-house training. Ninety percent of training participants will score 90% or better on training competency tool. Increase in indicators of resident well-being as evidenced by aggregate average survey scores of three or higher. Ninety percent of participating facilities to report Compassionate Touch improved care. Ten percent decrease in the presence and frequency of physical behavior symptoms directed towards others, verbal behavioral symptoms directed towards others and other behavioral symptoms not directed towards others. Ten percent decrease in the presence and frequency of rejection of care (MDS item E0800). Train a minimum of 50% of NC state surveyors and Ombudsman and 100% of NC Quality Advisors from Quality

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Improvement Organization. c) Reduce unnecessary use of anti-psychotic medication by replacing or supplementing them with non-pharmacologic approaches. d) NC State Surveyors, LTC Ombudsman and staff of the North Carolina Quality Improvement Organization

Funded Entity(ies):

AGE-u-cate Training Institute

Results of the Project:

Final project results are pending.

Project Title: The Inspirational Garden

Unique Identifier: NC-0518-WPNRC-041/2018-04-NC-0502

Project Duration: 8/1/2018 to 5/31/2020

Total Amount of CMP Funds Approved for this Project: \$35,652.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Expand the outside space to allow for more accessible, comfortable, and sensory stimulating environment. b) Increase resident satisfaction; Increase activity participation by 25% per activity; Increase in scheduled outdoor activities by 30%. c) Increase residents' independence, stimulate their senses, and help them connect with nature and others as well. d) Staff, families, and volunteers

Funded Entity(ies):

Whispering Pines Nursing and Rehabilitation Center

Results of the Project:

Residents along with the facility's therapy department have planted a vegetable garden along with herbs within raised beds and throughout the garden. The facility took precautionary measures for the safety of residents and staff to conduct a facility lockdown to guests and resident's family and friends. As this lockdown has been continuous, the garden has proved itself to be a relief for most residents and staff to assist them mentally through this strenuous time period. Along with the warmer weather, residents and staff have all enjoyed spending their time in the garden. The obstacles encountered have been minimal. The overall feedback the facility receives in regard to obstacles for the inspirational garden from residents include the cool and rainy weather that can sometimes impend on garden outings. The warmer weather

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has brought numerous mild days that have been enjoyed planting in the garden, sitting in rocking chairs, or having lunch. Residents and staff have increased activity in the garden during this time.

Project Title: Virtual Valley It's Never 2 Late (iN2L) Project

Unique Identifier: NC-1119-VVC-466/2019-04-NC-1104

Project Duration: 2/1/2020 to 1/31/2023

Total Amount of CMP Funds Approved for this Project: \$50,348.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$29,624.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Improve residents interactions with each other, with the outside world, with functional safety, cognition, and exercise. b) Increase participation of resident involvement in group activities by 30%-40% over a 36-month period. Increase participation of resident involvement in individualized activities by 30%-40% over a 36-month period. Increase in positive emotion and overall satisfaction after a 36-month period. c) Help residents rebuild their social networks in a new way in order to stay in touch with current events and their loved ones who live outside of the facility through applications associated with the It's Never 2 Late (iN2L) system.

d) N/A

Funded Entity(ies):

Valley View Care and Rehabilitation

Results of the Project:

Final project results are pending.

Project Title: Disseminating Comfort Matters: A Web-Based Training Toolkit

Unique Identifier: 2018-04-NC-0216

Project Duration: 1/1/2019 to 6/30/2022

Total Amount of CMP Funds Approved for this Project: \$498,981.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$162,718.49

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Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Develop a video and web-based version of Comfort Matters toolkit, evaluate it in four nursing homes and disseminate the toolkit to all 425 North Carolina certified nursing homes. b) Discern changes in knowledge and skills for person-centered care planning. Decrease dementia symptoms such as agitation. Increase in medication and non-medication care plans for pain. Decrease in use of antipsychotics and sedative medications. Improve documentation of goals of care related treatment approaches in care plans. c) Empathetic, sensitive treatment of dementia residents by staff members. d) Staff, caregivers, and volunteers.

Funded Entity(ies):

University of North Carolina Chapel Hill, Division of Geriatric Medicine

Results of the Project:

Final project results are pending. The project was granted a one-year no-cost extension due to the impacts of the COVID-19 pandemic.

Project Title: Heart of Purpose at Eckerd Living Center (HOPE) Initiative

Unique Identifier: 2018-04-NC-0725

Project Duration: 11/1/2018 to 10/31/2020

Total Amount of CMP Funds Approved for this Project: \$27,948.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Provide a person-centered experience and enhance the quality of care, reduce falls, improved mood assessments, and behavior of residents through specifically designed one-on-one and group recreational and leisure activities. b) Improve resident quality-of-life by increasing resident satisfaction with facility. Twenty percent less falls over 24 months. Twenty-five percent reduction in residents with a fall over 24 months. Reduction in the number of residents with signs and symptoms of depression by 3% each quarter. c) Promote social interaction among residents and their family members, engage in learning opportunities, and fun customizable intervention for residents. d) Physical Therapists, Speech Therapists, Occupational Therapists

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2020
Atlanta Long-Term Care Branch**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0.00

NC CMP Funds Expended for Emergency Uses in CY 2020: \$0.00

NC Active CMP Funded Projects in CY 2020: 29

Funded Entity(ies):

Eckerd Living Center

Results of the Project:

The program was implemented June 2019 with refresher training and programming updates on 9/17/20. Interdisciplinary care team continues to incorporate It's Never 2 Late (iN2L) into resident care plans and routines. Tablets are in high demand due to COVID-19 restrictions. Quality-of-Life (QOL) surveys reveal significant increases in lack of pep, unhappiness, poor sleep quality, and lack of peace. This is expected due to COVID-19. As activities and visits resume, "normal" usage of iN2L will 2. Applied for additional grant funding for tablets and iN2L programming to further extend and involve more isolated residents in activities. Four percent increase in falls per patient day. One percent decrease in the number of residents that fall in the last 12 months compared to the 12 months prior to the implementation of iN2L.

Project Title: Compassionate Touch®: A Practical Approach to Ease Behavioral Symptoms and Reduce Anti-psychotics

Unique Identifier: 2018-04-NC-0316

Project Duration: 1/15/2019 to 1/14/2020

Total Amount of CMP Funds Approved for this Project: \$422,900.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$26,263.52

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Enlist and train 66 North Carolina (NC) certified nursing homes, NC State Surveyors, Long-Term Care (LTC) Ombudsman and staff of the North Carolina Quality Improvement Organization (QIO) on Compassionate Touch (CT) and how to incorporate CT into day-to-day dementia care practices. b) Address federal and state initiatives aimed at equipping care partners with practical tools to help reduce unnecessary use of anti-psychotic medication in dementia care. Ninety-five percent of Compassionate Touch Coaches will report they have conducted in-house training. Ninety-five percent of training participants will score 95% or better on training competency tool. Ten percent decrease in the presence and frequency of physical behavior symptoms directed towards others, verbal behavioral symptoms directed towards others, and other behavioral symptoms not directed towards others. Ten percent decrease in the presence and frequency of rejection of care (MDS (Minimum Data System) item E0800). Train a minimum of 50% of NC state surveyors and Ombudsman and 100% of NC Quality Advisors from Quality Improvement Organization. c) Reduce unnecessary use of antipsychotic medication by replacing or

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2020
Atlanta Long-Term Care Branch**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0.00

NC CMP Funds Expended for Emergency Uses in CY 2020: \$0.00

NC Active CMP Funded Projects in CY 2020: 29

supplementing them with non-pharmacologic approaches. d) NC State Surveyors, LTC Ombudsman and staff of the North Carolina Quality Improvement Organization

Funded Entity(ies):

AGE-u-cate Training Institute

Results of the Project:

Sixty-six (66) nursing homes received in-person training within all three regions of North Carolina. One hundred and ninety-seven (197) two-hour sessions were conducted. Two thousand, one hundred thirty (2,130) nursing home staff received Compassionate Touch (CT) training. Sixty-six (66) homes have submitted resident baseline data. A total of 646 residents are included in the resident baseline data. While 10 residents are expected in the target group of each of the 66 participating homes, some homes have fewer residents in their target groups. Four newsletters were distributed, and four teleconferences were hosted by AGE-u-cate Training Institute (ATI) throughout the year. The total number of residents engaged in Compassionate Touch in year one is 594, as reported by the participating facilities. As reported by the facilities, 484 target group residents had CT incorporated in their care plans.

Project Title: Refining Fine Dining Project

Unique Identifier: 2019-04-NC-0729

Project Duration: 9/1/2019 to 8/31/2020

Total Amount of CMP Funds Approved for this Project: \$13,376.03

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$13,376.03

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Provide a high quality, restaurant-style dining experience for each resident. b) Thirty percent increase in resident, family member, and staff satisfaction with dining services by end of project. Reduction in residents receiving dietary supplements. c) Improve food palatability and encourage socialization at meals. d) N/A

Funded Entity(ies):

Royal Park Rehabilitation and Health Center

Results of the Project:

During quarters one through three, residents in 300 and 400 halls were provided with dining satisfaction surveys at their 72-hour care plan meeting. Quarter four's process was altered due to the facility experiencing a COVID-19 outbreak. As a direct result of the outbreak, all admissions were placed on hold

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2020
Atlanta Long-Term Care Branch**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0.00

NC CMP Funds Expended for Emergency Uses in CY 2020: \$0.00

NC Active CMP Funded Projects in CY 2020: 29

and 72-hour care plans were completed via phone to reduce exposure. Survey process was also placed on hold as there were no admissions to the 300 or 400 units; therefore, no data for measure was available for quarter four. Staff continue to receive monthly in-service training on various procedures, sanitation standards, care and use of equipment, and departmental policies. A total of 71 supplements were ordered to meet basic nutritional needs at the beginning of the project. All residents with supplemental orders related to wound care, cancer treatment, gastronomy tubes, and medical complexity treatments were not counted in this initial count. Due to the facility's COVID-19 outbreak, the facility saw mass amounts of weight loss directly related to the illness process and effect on appetite. Many residents were placed on nutritional supplements for support, therefore also skewing the results through quarter four. Upon review of supplement use for quarter four, it was found that a total of 44 residents had orders for supplements for nutritional support due to weight loss or poor meal intakes. This reduction in supplements results in a 38% decrease compared to our baseline. Supplement use will be monitored on an ongoing basis to ensure supplement decreases are an ongoing goal.

Project Title: Home to You: Dining Project

Unique Identifier: 2019-04-NC-0730

Project Duration: 10/1/2019 to 9/30/2020

Total Amount of CMP Funds Approved for this Project: \$51,494.74

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0.00

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

a) Add a variety of equipment and furniture to create a dining atmosphere that resembles home. b) Increase in resident satisfaction with dietary experience and related customer service. Increase dining room attendance. c) Homelike feel for resident's dietary experience. d) N/A

Funded Entity(ies):

Capital Nursing and Rehabilitation Center

Results of the Project:

The project was stopped during previous quarter due to new regulations discontinuing use of communal dining. The facility will resume use of the items purchased with grant funds when communal dining is allowed once again.

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2020
Atlanta Long-Term Care Branch**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0.00

NC CMP Funds Expended for Emergency Uses in CY 2020: \$0.00

NC Active CMP Funded Projects in CY 2020: 29

Project Title: To Know Me - A Method to Enhance Person-Centered Care

Unique Identifier: NC-1219-2NOMI-492/2019-04-NC-1207

Project Duration: 5/1/2020 to 4/30/2023

Total Amount of CMP Funds Approved for this Project: \$1,455,556.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$118,366.18

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The "To Know Me" project will provide residents and their families with a platform to create life story books. These story books will help staff relate to and better understand the residents, improving person-centered care techniques.

Funded Entity(ies):

2Nomi

Results of the Project:

The project was granted a no-cost extension 4/30/2021 through 4/30/2023 as a result of the impacts of the COVID-19 pandemic on the project's activities. Final results are pending, interim project results are not available.

Project Title: Technology for Smoky Project

Unique Identifier: NC-1119-SRHR-478/2019-04-NC-1115

Project Duration: 9/1/2020 to 8/31/2023

Total Amount of CMP Funds Approved for this Project: \$69,064.65

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$42,813.61

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

Smoky Ridge Health and Rehabilitation requests funds to purchase It's Never 2 Late (iN2L) technology, televisions for all resident rooms, iPads and a charging, storage cart, and to develop a cybercafé with coffee, refreshments, new furniture, and appliances.

Funded Entity(ies):

Smoky Ridge Health and Rehabilitation

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2020
Atlanta Long-Term Care Branch**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0.00

NC CMP Funds Expended for Emergency Uses in CY 2020: \$0.00

NC Active CMP Funded Projects in CY 2020: 29

Results of the Project:

The project was granted a no-cost extension 9/30/2021 through 9/30/2023 as a result of the impacts of the COVID-19 pandemic on the project's activities. Final results are pending, interim project results are not available.

Project Title: Improving Resident Care, Quality of Life and Staff Retention Through the Implementation of Service: An Organization-Wide Culture Change Model Project

Unique Identifier: NC-0120-GG-520/2020-04-NC-0102

Project Duration: 5/1/2020 to 8/31/2023

Total Amount of CMP Funds Approved for this Project: \$1,059,332.75

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$154,733.17

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

This project will employ a comprehensive, multifaceted model to engage and guide administrators and management teams in 15 nursing homes in North Carolina in the process of creating culture change programs.

Funded Entity(ies):

The Gilster Group

Results of the Project:

Final project results are pending. The project was granted a no-cost extension 4/30/2021 through 8/31/2023 due to the impacts of the COVID-19 pandemic.

Project Title: Simulation Based Training for Skilled Nursing Facilities Project

Unique Identifier: NC-1219-CCHA-514/2019-04-NC-1220

Project Duration: 8/1/2020 to 7/31/2023

Total Amount of CMP Funds Approved for this Project: \$461,207.00

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$0.00

**State Civil Money Penalty Reinvestment Projects Funded in Calendar Year (CY) 2020
Atlanta Long-Term Care Branch**

North Carolina

NC CMP Funds Expended for Administrative Uses in CY 2020: \$0.00

NC CMP Funds Expended for Emergency Uses in CY 2020: \$0.00

NC Active CMP Funded Projects in CY 2020: 29

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will provide simulation training through a Mobile Simulation Lab for skilled nursing facilities in the region to enhance staff skills and improve quality of care to their residents.

Funded Entity(ies):

Coastal Carolinas Health Alliance

Results of the Project:

Final project results are pending. The project was granted a no-cost extension through 7/31/2023 due to the impacts of the COVID-19 pandemic.

Project Title: Biking for Benefits

Unique Identifier: NC-0320-LH-578/2020-04-NC-0302

Project Duration: 9/1/2020 to 8/31/2021

Total Amount of CMP Funds Approved for this Project: \$31,760.32

Total Amount of CMP Funds Expended During CY 2020 for this Project: \$27,441.67

Project Summary (a. Purpose, b. Goals, c. Benefit to nursing homes, d. Target audience beyond nursing home residents, if applicable):

The project will incorporate three adaptive bicycles and other associated equipment to increase participation in leisure activities for residents by 20% over a 12-month period.

Funded Entity(ies):

Trinity Grove

Results of the Project:

Final project results are pending.